

Incidence of Recurrent Differentiated Thyroid Carcinoma in Paediatrics and Adolescents after Thyroid Surgery: A Meta-Analysis Study of Last 20 Years

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Abstract

Background: Childhood onset differentiated thyroid cancer is distinct from the adult-onset disease being more aggressive at the time of initial evaluation with a higher risk category for disease recurrence; however, it is ultimately less lethal. Unfortunately, there is no consensus regarding the means of follow-up, timing and management strategy regarding pediatric differentiated thyroid cancer. For these reasons, unique management for children and adolescents with thyroid tumors are needed.

Aim of Study: To locate relevant studies comparing incidence of recurrent differentiated thyroid carcinoma in paediatrics and adolescents after thyroid surgery modalities most commonly used in childhood onset differentiated thyroid cancer that are published in the period from June 1999 to June 2019, revising all these studies, and designing meta-analysis study to assess the overall results and define which management may provide better outcome and fewer rate of complications.

Patients and Methods: The search strategy above will be viewed, and articles that appear to fulfil the inclusion criteria will be retrieved in full. Each article identified will be reviewed and categorized into one of the following groups: Included or excluded. When there will be a doubt, a second reviewer will assess the article and a consensus will be reached.

Results: Medline databases (PubMed, Medscape, Science Direct, EMF-Portal) and all materials available in the Internet till 2019.

Conclusion: All children will require life-long surveillance after thyroid surgery, especially for thyroid cancer. Paediatric thyroid cancer is rare. (The incidence of differentiated thyroid cancer is 1 per 1,000,000 in children less than 10 years of age). It is a treatable disease with an excellent prognosis. Treatment with radioactive iodine is recommended for most children after total thyroidectomy for papillary and follicular cancer. Radioiodine ablation should be carried about 4 weeks after surgery, with a diagnostic scan 6 months later. Regular review should include neck palpation, serum thyroglobulin, and ultrasound with cytology if necessary. In case of a cancer,

follow-up ultrasound and TSH-suppressed thyroglobulin (Tg) level assessment is performed 6 months after initial therapy and at least annually thereafter, although it may be preferable to observe patients every 6 months for at least 5 years after diagnosis of more advanced initial or metastatic cancer. Assessment of free T4, T3, and TSH levels is indicated every 6 months, and 1-2 months after dosage changes. Calcitonin is a marker of recurrent disease in medullary cancer. This suggests that an aggressive operative approach to lymph node resection may be safer (lower recurrence, lower complications) in experienced hands than a less complete resection in a lower volume center.

Key Words: *Thyroid malignancy – Paediatrics – Thyroidectomy.*

Introduction

CHILDHOOD onset DTC is distinct from the adult-onset disease, being more aggressive at the time of initial evaluation with a higher risk category for disease progression and recurrence. Differentiated thyroid cancer in patients <21 years of age is associated with local invasion in 18-67%, cervical lymph node involvement in 37-90%, and distant metastases involvement in 7-28% [1].

The predominant thyroid malignant histologies afflicting adults, namely papillary, follicular, and medullary cancer, are seen with similar frequency in children and adolescents. However, at the time of diagnosis, children present more often with advanced disease than adults [2].

Thyroid nodules in pediatric patients have a higher risk of malignancy and lymph node metastasis than in adults but are managed with similar methods, consisting primarily of total thyroidectomy and neck dissection [3].

Among 15-to 19-year old adolescents, thyroid cancer is the eighth most frequently diagnosed cancer and the second most common cancer among

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girls. Adolescents have a 10-fold greater incidence than younger children, and there is a female to male preponderance (5:1) during adolescence that is not seen in young children. The most common presentation for differentiated thyroid cancer in children is that of a thyroid nodule [4].

Although pediatric patients with thyroid carcinoma tend to present with disease at a more advanced stage than adults, namely, a higher incidence of lymph node and pulmonary metastasis, the prognosis for death from disease is much better for the pediatric patients. In particular, recommendations have been made to not perform a total thyroidectomy and lymph node dissection. Conversely, some investigators believe that the use of total thyroidectomy, lymph node dissection, and post-operative ^{131}I therapy is best to treat this condition [5].

It is stated that children often present with more advanced locoregional disease and distant metastases than their adult counterparts. The clinical presentation has, however, changed over the last several decades. In the past, nearly 50% of children had a history of ionizing radiation exposure to the head or neck. Today that figure, outside of the Chernobyl disaster region, has dropped to less than 3% [6].

The accident at the Chernobyl nuclear power station in April 1986 resulted in a dramatic increase in thyroid cancer incidence, especially in young residents of the contaminated territories in Belarus, Ukraine, and Russia, which led to a uniquely rapid accumulation of experience in the treatment of this otherwise rare human malignancy. According to published observations, post-Chernobyl pediatric thyroid cancer is almost exclusively presented by papillary carcinomas with frequent lymph node involvement at diagnosis and a high incidence of recurrence after treatment [7].

The pre-operative evaluation of the newly diagnosed pediatric papillary thyroid carcinoma patient is critical for optimizing surgical outcome and medical therapy. In all cases, a comprehensive neck US using a high-resolution probe (7.5MHz or higher) and Doppler technique should be obtained by an experienced ultrasonographer. All regions of the neck should be interrogated, recognizing that US has decreased sensitivity to identify malignant lymphadenopathy in the central neck (level VI) (152, 153) [4].

There is good evidence that FNA in the pediatric population is a sensitive diagnostic test and is a useful tool for excluding malignancy [8].

The stepwise combination of surgery and radioiodine therapy is curative with an overall survival rate ranging from 86% to 100% [7].

Surgical decision-making is a balance between completeness of removal and quality of patient's life, so a variety of clinical parameters should be taken into account and special attention should be paid to tumor staging, careful separation of parathyroid glands, and recurrent laryngeal nerves at the time of surgery [7].

Prophylactic thyroidectomy reduces recurrence and post-operative complications in pediatric patients with MEN2. Early thyroidectomy based on only calcitonin level could possibly reduce thyroidectomy delay [9].

The incentive to delay prophylactic thyroidectomy is to optimize patient safety by operating on older children, whose surgery is technically less difficult and in whom treatment of iatrogenic hypoparathyroidism may be easier. Children undergoing thyroidectomy or parathyroidectomy have higher complication rates than adults, and have better outcomes when operated on by high-volume surgeons [10].

Aim of the work:

The aim is to locate relevant studies comparing incidence of recurrent differentiated thyroid carcinoma in paediatrics and adolescents after thyroid surgery modalities most commonly used in Childhood onset differentiated thyroid cancer that are published in the period from June 1999 to June 2019, revising all these studies, and designing meta-analysis study to assess the overall results and define which management may provide better outcome and fewer rate of complications.

Patients and Methods

Criteria for considering studies for this review:

Types of studies: Published studies about incidence of recurrent differentiated thyroid carcinoma in paediatrics and adolescents after thyroid surgery with thyroid malignancies that are carried out in the period from June 1999 to June 2019. Types of participants: Paediatric patients up to 22 years old with differentiated thyroid cancer. Types of interventions: Most frequently used management modalities in differentiated thyroid cancer with their outcome assessment. Types of outcome measures: Surgical outcomes and reported complications including recurrence.

Search strategy for identification of studies: A systematic review will be performed in accordance

with the PRISMA and PICO guidelines. An initial search will be carried out using two online databases: PubMed/MEDLINE and Science direct. The following search terms will be employed: “(Thyroid malignancy AND paediatrics) AND (thyroidectomy OR outcome OR management OR results OR complications OR recurrence)”.

Methods of the review:

Locating and selecting studies: Abstracts of articles identified using the search strategy above will be viewed, and articles that appear to fulfil the inclusion criteria will be retrieved in full. Each article identified will be reviewed and categorized into one of the following groups: Included or excluded. When there will be a doubt, a second reviewer will assess the article and a consensus will be reached.

For a study to be included, it needs to: Include paediatric participants who had been operated on for differentiated thyroid cancer in childhood period for the first time. Provide sufficient detail on the above outcome measures to allow comparison across studies. Report quantitative data. Be written in English language. Be published in full-text and in a peer-reviewed journal.

Data extraction: A copy of each paper identified will be obtained, and relevant data will be abstracted for a quantitative overview. In case of discrepancies or when the information presented in a study is unclear, abstraction by a second reviewer will be sought to resolve the discrepancy. All included articles will be assessed for quality regarding methodological strength as per the 2009 Cochrane collaboration updated guidelines for systematic reviews. The quality of articles will be assessed by two reviewers and in case of any disagreement, consensus will be achieved by discussion. The main outcome measures will be incidence of recurrent differentiated thyroid carcinoma in paediatrics and adolescents after thyroid surgery.

Statistical analysis:

All analyses were performed using Stata/SE 12.0 statistical software (StataCorp, College Station, TX, USA). 95% Confidence Intervals (CI) was also calculated to establish the usefulness of recurrence after surgery. The Higgins test was performed to check the heterogeneity of the studies analysed. On the basis of this test, summary estimates of predictive values in terms of injury were made using the Mantel-Haenszel method, which is based on the fixed-effects model. Publication bias was as-sessed using a funnel plot and Egger's method.

The relative contribution of each study to the meta-analysis was calculated according to the amount of information it contained, the number of surgery at risk and their variability. The influence of individual studies on the summary-effect estimate was evaluated using influence analysis. Meta-regression analysis was conducted to investigate whether the type of study (randomised or other) was associated with the treatment effect. Statistical significance was set at $p < 0.05$. Unless otherwise specified, the p -value was considered to be 2-tailed.

Evidence of publication bias: Will be sought using the funnel plot method. A funnel plot is a simple scatter plot of the intervention effect estimates from individual studies against some measure of each study's size or precision.

A star rating of 0-9 was allocated to each study based on three parameters; [S, selection (0-4); C, Comparability (0-2); O, Outcome (0-3)]. Studies receiving six or more stars were considered of good quality (Raj et al., 2015; Zhang, 2015). Details of this assessment scale are demonstrated in (Table 1).

Table (1): Risk of bias between studies.

Domain	Selection	Comparability	Outcome	Quality
Assessment 3 or 4 stars	1 or 2 stars	2 or 3 stars	2 or 3 stars	Good
2 stars	1 or 2 stars	2 or 3 stars	2 or 3 stars	Fair
0 or 1 star	1 or 2 stars	2 or 3 stars	2 or 3 stars	Poor

Results

We identified provided 278 studies as potentially. After duplicates removal and abstract screening, 39 studies were excluded after screening the titles and abstracts. Finally, 10 studies were fully evaluated retrieved for fully evaluated. One additional studies were subsequently excluded due to inappropriate intervention, 1 study had insufficient data, and 2 studies were conducted with inappropriate control groups being operated for hypospadias for the first time.

The nine studies selected included a total of 2017 patients with 257 at risk. Table (2) details the characteristics of the studies included in the meta-analysis. The mean age of patients was 10-21 years and the sex ratio was 1:5.9 (range 1-20).

We searched for articles published before May 2019 in Medline, CINAHL, the Cochrane Library, Scopus, ProQuest.

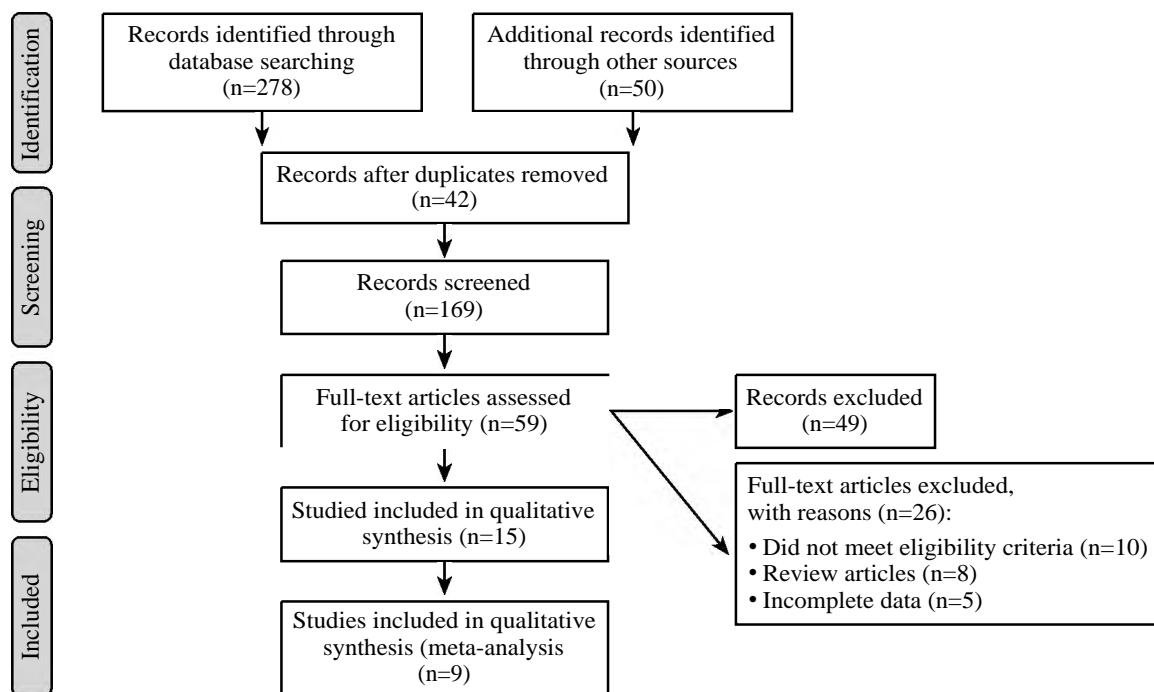


Fig. (1): Flow chart of the study after excluding ineligible studies, eight articles were identified for full review [11-19].

Table (2): Demographic characteristics patients in the included studies.

Study	No. of patients	Gender M/F	Range	Age at surgery, years	
				Mean (SD)	Median
Alessandri et al. [11]	54	1:2.8	4.5-16.8	12.6 (NA)	12.8
Grigsby et al. [5]	56	1:3.3	4-20	15.8 (NA)	11.0
Giuffrida et al. [12]	48	1:2.5	7-20	NA	18.2
Demidchik et al. [7]	740	1:1.6	4.2-14.9	11.7 (NA)	NA
Bargren et al. [3]	68	1:3.5	5-19	21 (NA)	16
Hogan et al. [2]	1753	1:4.3	1-19	15.9 (NA)	NA
Hay et al. [6]	215	1:2.4	3-20	NA	16
Francis et al. [4]	NA	NA	NA	NA	NA
Byeon et al. [13]	83	1:5.9	8-20	16.8 (NA)	NA

NA: Not Applicable. M: Male. F: Female.

Table (3): Studies included in the review showing authors, years and study design.

Study	Title	Study design
Alessandri et al. [11]	• Age is the major determinant of recurrence in pediatric differentiated thyroid carcinoma.	Retrospective
Grigsby et al. [5]	• Childhood and adolescent thyroid carcinoma.	Retrospective
Giuffrida et al. [12]	• Differentiated thyroid cancer in children and adolescents.	Retrospective
Demidchik et al. [7]	• Comprehensive clinical assessment of 740 cases of surgically treated thyroid cancer in children of Belarus.	Retrospective
Bargren et al. [3]	• Outcomes of surgically managed pediatric thyroid cancer.	Prospective randomized
Hogan et al. [2]	• Pediatric thyroid carcinoma: Incidence and outcomes in 1753 patients.	Prospective randomized
Hay et al. [6]	• Long-term outcome in 215 children and adolescents with papillary thyroid cancer treated during 1940 through 2008.	Prospective randomized
Francis et al. [4]	• Management guidelines for children with thyroid nodules and differentiated thyroid cancer.	Prospective randomized
Byeon et al. [13]	• Clinical analysis of pediatric thyroid cancer: a single medical institution experience of 18 years.	Retrospective

Table (4): Bias assessment of studies (Newcastle-Ottawa Scale).

Study	Study design	Representativeness of Exposed Cohort	Selection of the non-exposed cohort from the same source as the exposed	Ascertainment of exposure	The outcome of interest wasn't presented at the start of the study	Comparability of cohorts	Assessment of outcome	Follow-up period long enough for the outcome to occur (median more than six months)	Adequacy of follow-up	Statistical test	Quality score
Alessandri et al. [11]	Retrospective	Yes	Unclear	Unclear	Yes	Yes	By clinicians	Yes	Yes	Clear available	Good
Grigsby et al.[5]	Retrospective	Yes	Yes	Unclear	Yes	Yes	By clinicians	Yes	Yes	Available	Good
Giuffrida et al.[12]	Retrospective	Yes	Unclear	Unclear	Yes	Unclear	By clinicians	Yes	Yes	Available	Fair
Demidchik et al.[7]	Retrospective	Yes	No	Unclear	Yes	Yes	By clinicians	Yes	Yes	Clear	Good
Bargren et al. [3]	Prospective randomized	Yes	Yes	Unclear	Yes	Yes	By clinicians	Yes	Yes	Clear	Good
Hogan et al.[2]	Prospective randomized	Yes	Yes	Unclear	Yes	Yes	By clinicians	Yes	Yes	Clear	Good
7- Hay et al.[6]	Prospective randomized	Yes	No	Unclear	Yes	Yes	By clinicians	Yes	Unclear	Clear	Good
Francis et al. [4]	Prospective randomized	Yes	No	Unclear	Yes	Unclear	By clinicians	Yes	Unclear	Unclear	Poor
Byeon et al. [13]	Retrospective	Yes	Yes	Unclear	Yes	Unclear	By clinicians	Yes	Yes	Available	Good
Rena Vassilopoulou-Sellin et al.[14]	Not considered in the meta analysis										

Table (5): Study.

Study	Sample size	Proportion (%)	95% CI	Weight (%)	
				Fixed	Random
Alessandri et al. [11]	54	42.593	29.235 to 56.792	1.75	10.41
Grigsby et al. [5]	56	89.286	78.124 to 95.965	1.82	10.46
Demidchik et al. [7]	740	97.568	96.183 to 98.552	23.60	12.05
Bargren et al. [3]	1753	97.661	96.840 to 98.316	55.86	12.14
Hogan et al. [2]	68	55.882	43.318 to 67.918	2.20	10.73
Hay et al. [6]	215	93.023	88.754 to 96.043	6.88	11.69
Giuffrida et al. [12]	48	94.000	83.452 to 98.745	1.62	10.29
Byeon et al. [13]	83	92.771	84.927 to 97.301	2.68	10.97
Total (fixed effects)	3017	95.890	95.135 to 96.557	100.00	100.00
Total (random effects)	3017	86.870	78.522 to 93.405	100.00	100.00

Table (6): Test for heterogeneity.

Q	214.2937
DF	8
Significance level	$p < 0.0001$
I ² (inconsistency)	96.27%
95% CI for I ²	94.53 to 97.45

Discussion

This systematic review has demonstrated recommendations that have been based on analysis of small cohorts, multicenter retrospective reviews, and extrapolations from adult studies and guidelines concerning extent of surgical interference with recurrence rate [15]. Thyroid nodules in pediatric patients have a higher risk of malignancy and lymph node metastasis than in adults, but are managed with similar methods, consisting primarily of total thyroidectomy and neck dissection. With appropriate treatment, thyroid cancer has a very good prognosis in adults with a 90% survival rate at 20 years [16]. Interestingly, pediatric patients have a better prognosis (98.8% 10 year survival) despite more extensive disease and equivalent treatment [7].

This review was similar to other studies with respect to age distribution; however there was a larger number of females (78%), which usually range from 62%-70%. The distribution of cancer types was as expected. Of patients <19y old undergoing surgical resection of a malignant thyroid nodule, 53% had lymph node involvement. This finding is similar to other studies, which cite between 40% and 80% involvement. The explanation for this is that pediatric patients with a thyroid nodule are more likely to present with advanced disease with metastasis than adults with a thyroid nodule, who have a 20%-50% risk of lymph node involvement.

Again, this rate is higher than the adult population, in which recurrence of cancer is seen in 12% of patients [17]. A surgical procedure involving less than total thyroidectomy significantly increased the need for a repeat surgery in this review, supporting the recommendation of a total procedure for all children with malignant thyroid nodules [18]. The current practices recommend total thy-

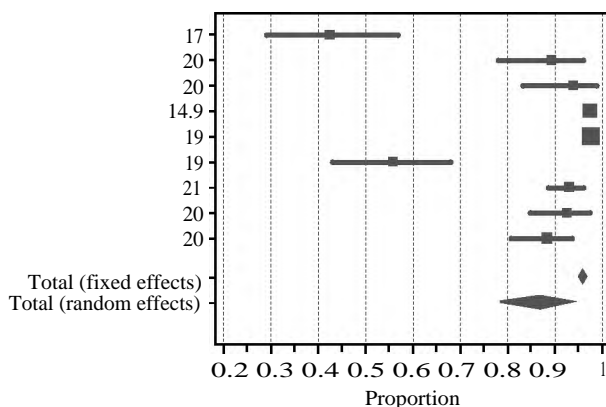


Fig. (2): Abbreviations: CI: Confidence Interval for individual trial results and credible interval for meta-analysis results, Thyroid Screening Study. Each study is represented by a line in the plot the event rates of each study are listed.

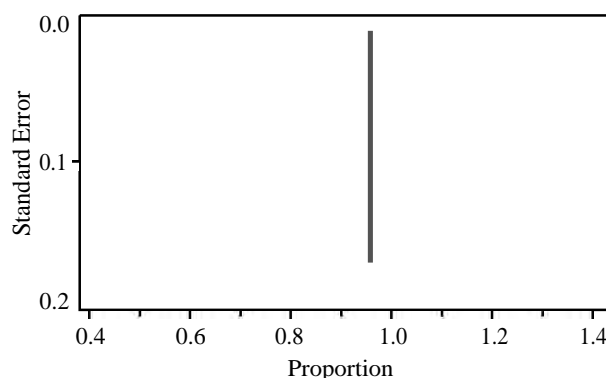


Fig. (3): Influence analysis was performed to identify studies with excessive influence Fig. (3). The Begg test revealed that no bias was found in the publications used for the meta-analysis (Kendall's score, one-sided, $p=1.000$). The type of study was not associated with the treatment effect ($p=0.078$).

roidectomy as the procedure of choice irrespective of tumor size.

Hypoparathyroidism is primarily due to incidental stunning and/or removal of the parathyroid glands, which can sometimes be attached or embedded in the thyroid capsule. Another common occurrence is devascularization of the parathyroid gland during thyroid removal. Researchers continue to debate over the number of functioning parathyroids needed to maintain adequate parathyroid activity, ranging from 1 to 3 [19]. Some studies have recently recommended that at least one parathyroid be autotransplanted into a sternocleidomastoid muscle pouch, as this could reduce the rate of permanent hypoparathyroidism. Alternatively, others show that there is no link between autotransplantation and decreased permanent hypoparathyroidism.

Many studies show that total or subtotal thyroidectomy are associated with increased surgical complications and morbidity, however studies specifically investigating effects on the parathyroid gland show that total/subtotal procedures have no significant correlation to increased incidental parathyroid removal or permanent hypocalcemia [20,21].

In pediatric patients undergoing surgical management of well differentiated thyroid cancer, a total thyroidectomy is recommended. Our study confirmed that a primary procedure involving less than total thyroidectomy significantly increased the need for repeat surgery. In addition, we found no significant increase in morbidity or surgical complications with total thyroidectomy. Nevertheless, this review provided valuable and up-to-date information in this field. It also presented some data which is different from previous reports. The level of evidence on which our review was based was moderate and the quality of included studies were generally good. Our results are in favor of a total thyroidectomy as the preferred method of surgical management in both adults and children for thyroid malignancy. A total thyroidectomy is desired in children, especially due to more extensive disease upon diagnosis and a higher rate of spread. In addition, a total thyroidectomy has been demonstrated in other studies to reduce risk of cancer recurrence, for which children are at greater risk.

Conclusion:

All children will require life-long surveillance after thyroid surgery, especially for thyroid cancer. Paediatric thyroid cancer is rare. (The incidence of differentiated thyroid cancer is 1 per 1,000,000

in children less than 10 years of age). It is a treatable disease with an excellent prognosis. Treatment with radioactive iodine is recommended for most children after total thyroidectomy for papillary and follicular cancer. Radioiodine ablation should be carried about 4 weeks after surgery, with a diagnostic scan 6 months later. Regular review should include neck palpation, serum thyroglobulin, and ultrasound with cytology if necessary. In case of a cancer, follow-up ultrasound and TSH-suppressed thyroglobulin (Tg) level assessment is performed 6 months after initial therapy and at least annually thereafter, although it may be preferable to observe patients every 6 months for at least 5 years after diagnosis of more advanced initial or metastatic cancer. Assessment of free T4, T3, and TSH levels is indicated every 6 months, and 1-2 months after dosage changes. Calcitonin is a marker of recurrent disease in medullary cancer. This suggests that an aggressive operative approach to lymph node resection may be safer (lower recurrence, lower complications) in experienced hands than a less complete resection in a lower volume center.

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طرق العلاج المختلفة للأورام المختلفة الخبيثة بالغدة الدرقية في الأطفال

إن الإصابة بالأورام الخبيثة للغدة الدرقية في سن الطفولة تتميز عن نفس الأورام التي تصيب البالغين، كونها أكثر عدوانية في وقت التقييم الأولى مع وجود احتمالية مخاطر أعلى لتطور المرض وتكراره. يرتبط سرطان الغدة الدرقية بين المرضى الذين تقل أعمارهم عن ٢١ عاماً بالانتشار في محيط الغدة الدرقية في ١٨-٦٧٪، تورط العقدة الليمفاوية بالرقبة في ٣٧-٩٠٪، والانتشار بعيداً عن الغدة بالجسم في ٧-٢٨٪. ينظر إلى الأنسجة الخبيثة السائدة في الغدة الدرقية التي تصيب البالغين، وهي سرطان حليمي وجريبي وسرطان نخاع الغدة ذاتها، أنه يتكرر بصورة مماثلة عند الأطفال والمراهقين ومع ذلك، في وقت التشخيص، يصاب الأطفال في كثير من الأحيان بمرض متقدم أكثر من البالغين.

تكون العقيدات الدرقية لدى مرضى الأطفال أكثر عرضة للإصابة بمرض الورم الخبيث والانتشار إلى العقد الليمفاوية أكثر من البالغين، ولكن تتم إدارتها بطرق مماثلة، تتكون أساساً من إستئصال الدرقية الكلي وتشريح الرقبة. من بين المراهقين الذين تتراوح أعمارهم بين ١٥ و١٩ عاماً، يعد سرطان الغدة الدرقية ثامن أكثر أنواع السرطان التي يتم تشخيصها، وهو ثاني أكثر أنواع السرطان شيوعاً بين الفتيات، وهو الثامن من أكثر الحالات التي يتم تشخيصها من السرطان وثاني أكثر أنواع السرطان شيوعاً بين الفتيات. يزيد معدل الإصابة لدى المراهقين بمقدار ١٠ أضعاف عن الأطفال الأصغر سناً، وهناك نسبة كبيرة من الإناث إلى الذكور (١:٥). خلال فترة المراهقة التي لا تظهر عند الأطفال الصغار. العرض الأكثر شيوعاً لسرطان الغدة الدرقية متباينة في الأطفال هو أن العقيدات الدرقية.

على الرغم من أن مرضى الأطفال المصابين بسرطان الغدة الدرقية يميلون إلى الإصابة بالمرض في مرحلة أكثر تقدماً من البالغين مثل إرتفاع نسبة الإصابة بالعقدة الليمفاوية والورم النقيلي الرئوي، إلا أن تشخيص الوفاة بسبب المرض أفضل بكثير لمرضى الأطفال على وجه الخصوص، قدمت توصيات بعد إجراء إستئصال كامل للغدة الدرقية وإستئصال العقد الليمفاوية المتعلقة بالغدة الدرقية. على العكس من ذلك، يعتقد بعض الباحثين أن إستخدام الأيودين المشع رقم ١٣١ بعد إستئصال الغدة الدرقية الكلي والعقد الليمفاوية بعد الجراحة هو الأفضل لعلاج هذه الحالة. ويذكر أن الأطفال غالباً ما يتواجدون بمرض محلي أكثر تطوراً وإنبثات بعيد عن نظرائهم البالغين. ومع ذلك، فقد تغير العرض السريري على مدى العقود القليلة الماضية. في الماضي، كان ما يقرب من ٥٠٪ من الأطفال لديهم تاريخ من التعرض للإشعاع المؤين للرأس أو الرقبة. اليوم، إنخفض هذا الرقم، خارج منطقة كارثة تشيرنوبيل، إلى أقل من ٣٪.

أسفر الحادث الذي وقع في محطة تشيرنوبيل للطاقة النووية في أبريل عام ١٩٨٦ عن زيادة هائلة في حالات الإصابة بسرطان الغدة الدرقية، وخاصة في الشباب المقيمين في المناطق الملوثة في بيلاروسيا، أوكرانيا وروسيا، والتي أدت إلى تراكم سريع فريد من الخبرة في علاج هذه الأورام الخبيثة نادرة الحدوث. وفقاً للملاحظات المنشورة، يتم تقديم سرطان الغدة الدرقية بعد تشيرنوبيل بشكل حصري تقريباً عن طريق سرطان حليمي مع تأثر العقد الليمفاوية بالخلايا السرطانية بشكل متكرر عند التشخيص وإرتفاع معدل التكرار بعد العلاج. يعتبر التقييم قبل الجراحة لمرضى سرطان الغدة الدرقية الحليمي الذي تم تشخيصه حديثاً أمراً بالغ الأهمية لتحسين النتائج الجراحية والعلاج الطبي. في جميع الحالات، ينبغي الحصول على فحص الرقبة بالأشعة فوق الصوتية بإستخدام مسبار عالي الدقة (٧.٥ ميجا هرتز أو أعلى) وتقنية دوبلر بواسطة طبيب أشعة ذو خبرة.

هناك أدلة جيدة على أن في مجتمع الأطفال يعد سحب عينة بإبرة شفط من نسيج الغدة الدرقية هو إختبار تشخيصي حساس وأداة مفيدة لإستبعاد الأورام الخبيثة.

يعد الجمع بين الجراحة والعلاج باليود المشع علاج مع معدل البقاء على قيد الحياة عموماً يتراوح بين ٨٦٪ إلى ١٠٠٪.

صنع القرار الجراحي هو توازن بين إكمال الإزالة ونوعية حياة المريض، لذلك يجب أخذ مجموعة متنوعة من المعلمات السريرية في الإعتبار ويجب إيلاء إهتمام خاص لتدرج الورم، والفصل الدقيق للغدة الدرقية، والأعصاب الحنجرية في وقت الجراحة.

يقلل إستئصال الغدة الدرقية الإتقائي من التكرار ومضاعفات ما بعد الجراحة لدى مرضى الأطفال الذين يعانون من مرض الأورام الغدية المتعددة كما يعد إستئصال الغدة الدرقية في وقت مبكر على أساس مستوى الكالسيتونين فقط يمكن أن يقلل من تأخير إستئصال الغدة الدرقية. إن الحافز لتأخير إستئصال الغدة الدرقية الوقائي هو تحسين سلامة المرضى عن طريق إجراء العمليات الجراحية على الأطفال الأكبر سناً، الذين تكون عملياتهم أقل صعوبة من الناحية الفنية والذين قد يكون علاج قصور الغدة الدرقية لديهم أسهل.