

Impact of Covid 19 Pandemic on Surgical Outcomes, A Single Center Experience

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Abstract

Background: Covid 19 is global pandemic that affected millions of people worldwide causing extreme limitations in hospital admission for non-emergency surgical diseases.

Aim of Study: To assess the effect of Covid 19 infection on surgical outcomes (surgery related complications, ICU admission and mortality rates).

Patients and Methods: Data of all patients admitted to Al-Zahraa University Hospital in the Departments of General, Vascular, and Pediatric Surgeries was collected regarding age, sex, type of operation, associated risk factors, infection by Covid 19, surgery related complications, ICU admission, mortality, also postponed patients.

Results: Of 784 patients in three departments 54 patients were infected with Covid 19 (6.88%), significant increase in surgery related morbidity in Covid infected patients with a p -value <0.001 more at vascular and pediatric patients in comparison to general surgery patients with p -value 0.045, respectively. Also significant increase in ICU admission, need for respiratory aid and mortality rate with p 0.044, this increased risk is more with presence of ischemic heart disease IHD $p=0.014$, 0.07 respectively and congenital heart disease $p=0.018$.

Conclusion: Covid 19 affects surgical patients by great restriction of elective procedures, delayed scheduling even worse surgical outcomes.

Key Words: Covid-19 – Surgical outcomes – Surgery related complication.

Introduction

IN December 2019, a new strain of SARS-coronavirus, initially named 2019 coronavirus (2019-nCoV) and manifested by Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), emerged in Wuhan, China [1].

It rapidly spread as an outbreak there. And the World Health Organization (WHO) announced this

on January 22, 2020. On the 23rd of January, it was announced that the outbreak constituted a public health emergency of international concern [2].

WHO designated the disease as Coronavirus Disease 2019 (COVID-19) and the causative agent with Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) in February 2020. Few weeks later, the virus spread was recorded worldwide and was announced as a pandemic by WHO in March 11, 2020. As of 16 August 2020, the infection had spread worldwide, with 21,294,845 confirmed cases and 761,779 death [3].

Global spread included Egypt, and the first case was recorded in Egypt on February 14, 2020 the total number of confirmed cases on May 1, 2020, was 5895, with case fatality rate of 6.9%. And to up 6 February 2021, there have been 168,597 confirmed cases of COVID-19 with 9,560 deaths.

During the COVID-19 pandemic, all governmental and university hospitals have stopped the service of elective surgeries with increasing number of patients needing urgent and semi-urgent procedures. After regression of the 1st wave the need for regaining activity was strong, and as surgical procedures may place clinicians at a particularly high risk when caring for infected patients, this required certain arrangements for fear of further spread of the virus to the patients and staff.

Thus, it is critically important to know how COVID-19 affects surgical outcomes, thus, effective personal protective procedures and cautions should be taken to prevent medical staff from COVID-19 infection [4].

Surgical stress may impair cell-mediated immunity to reduce the resistance to viruses. COVID-

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19 may complicate the post-operative course to increase the length of stay, delay the wound healing, increase morbidity and even mortality of operative patients [5].

At present, little is known about the clinical characteristics and out-comes of operative patients with COVID-19 during the perioperative period [6]. The aim of this study to describe the clinical outcomes, surgical mortality and complication rates in surgical patients with COVID-19.

Patients and Methods

We collected data of all patients who were admitted to General Surgery, Vascular and Pediatric Surgery Departments in the period from beginning of lockdown in Egypt on the 15th of March 2020 till the end of January 2021 the collected data included the total count of patients operated upon in the three departments and the surgery related complications in total. Data collected related to Covid infected patients included age, associated disease which can affect prognosis which are Hypertension (HTN), diabetes, Ischemic Heart Disease (IHD) and also congenital heart disease in pediatric patients, degree of affection, surgery related complications, ICU admission, need for respiratory aid and mortality of each case.

Grade of affection: We divided patients as for grade of Covid 19 affection.

Table (1): Grading of affection.

Asymptomatic	Ia
Mild symptoms need no extra treatment	Ib
Mild symptoms need extra treatment	II
Moderate symptoms	IIIa
Moderate symptoms need intervention	IIIb
ICU admission	IVa
Mechanical ventilation	IVb
Death	V

We also included patients who were postponed because of Covid 19 affection as they were given another date and rescheduled for an operation after being free of symptoms.

Patients were diagnosed as Covid 19 infection through either PCR positive for SARS-Cov. Virus from a nasal swab or though having symptoms suggestive for Covid 19 infection confirmed by blood tests and confirmatory CT scan on chest has the catachrestic ground glass patches even in asymptomatic patients.

Also we tried to find a relationship between Covid infection and surgery related complication, ICU admission, need for respiratory support and

mortality rate and if that has a relationship with patients age groups.

Statistical method:

Data were coded and entered using the Statistical Package for the Social Sciences (SPSS) version 26 (IBM Corp., Armonk, NY, USA). Data was summarized using mean, standard deviation, median, minimum and maximum in quantitative data and using frequency (count) and relative frequency (percentage) for categorical data. Comparisons between quantitative variables were done using the non-parametric Mann-Whitney test [7]. For comparing categorical data, Chi square (χ^2) test was performed. Exact test was used instead when the expected frequency is less than 5 [8] *p*-values less than 0.05 were considered as statistically significant.

Results

Of 784 patients admitted there were 469 general surgical cases (59.8%), 132 vascular surgery cases (16.8%) and 181 pediatric surgery cases 23.3%, 54 patients were diagnosed as Covid 19 infection which are (6.88%) of all patients and; 24 patients in surgery (3.01%) 11 in vascular surgery (1.4%) and 19 patients in pediatric surgery (2.4%), of all patients (Table 2).

Of the 54 patients who had Covid 19 infection only 15 (27.77%) patients were emergency patients and the rest 39 (72%) cases were elective patients 20 (37%) patients were diagnosed pre-operatively by CT findings and CBC with a picture of lymphopenia and they were postponed and reoperated after passing the infection except 3 patients were diagnosed by positive PCR nasal smear of Cov-19.

Associated risk factors:

Of the 54 Covid infected patients 9 (16.7%) patients were hypertensive 10 (18.5%) patients were diabetic patients, 6 (11%) patients have ischemic heart disease and 4 patients had COPD (7.4%), in the pediatric patients only 3 (15.7%) of pediatric patients have congenital heart disease.

Of all Covid patients there was 19 patients grade I affection, 4 patients grade II affection, 18 patients grade III, 8 patients grade IV and six patients passed away of Covid 19 complications related to surgery. In Covid affected patients there were 28 (51.9%) patients who have complications related to surgery in spite of being Covid patients 10 out of 24 in General Surgery (41.7%), 7 out of 11 in Vascular Surgery patients (63.6%) and 11 out of 19 in pediatric surgery (57%) Table (4).

ICU admission: There was 11 out of 54 (29.5%) covid affected patients were admitted to the ICU 5 (20% of covid infected patients) in General Surgery, 5 (45%) in Vascular Surgery and 6 (31.6%) Pediatric Surgery patients.

However, need for respiratory aid was done for 19 patients of all Covid affected patients (35.2%) of all patients.

11 patients have died (1.4%) of all surgery patients and 6 of them were covid patients which is (11.1% of) all infected patients 1 (2.27) from General Surgery Department, 3 (6.8%) from Vascular Surgery and 2 (4.54%) of all mortalities 6 of 11 patients were because of covid 19 (54.5%) of mortality.

Statistical findings: There was significant increase in rate of covid infection among vascular and pediatric surgery patients in comparison to general surgery patients *p*-value 0.045.

Significant increase in surgery related complications in Covid infected patients in comparison to non-infected patients *p*-value 0.001.

Significant increase in mortality rate in Covid infected patients in comparison to Covid non infected patients *p*-value <0.001 (Table 6).

Also found significant increase in both complications related to surgery and death rate in emergency cases in comparison to elective cases *p*-values: 0.001 and 0.044 respectively (Table 7).

But no significant relationship between surgery related complications and presence of associated chronic disease in Covid infected patients.

There was no significant relationship between ICU admission in Covid infected patients with presence of diabetes, hypertension, COPD but there

was significant relationship between ICU admission and also mortality rate in ischemic heart disease *p*-value 0.007 and 0.014. respectively (Tables 8,9).

In pediatric patients we found no relationship between presence of congenital heart disease and rate of surgery related complications, ICU admission but there was a significant increase of mortality rate in pediatric patients who had congenital heart disease Tables (10,11,12).

Table (2): Description of COVID in each department.

	General		Vascular		Pediatric	
	Count	%	Count	%	Count	%
Sex:						
Male	14	58.3	6	54.5	11	57.9
Female	10	41.7	5	45.5	8	42.1
Way of diagnosis:						
PCR	2	8.3	1	9.1	0	0.0
CT	22	91.7	10	90.9	2	10.5
CBC + CT	0	0.0	0	0.0	4	21.1
CBC + CT + CRP	0	0.0	0	0.0	13	68.4
Emergency or elective:						
Emergency	6	25.0	3	27.3	6	31.6
Elective	18	75.0	8	72.7	13	68.4
Timing of diagnosis:						
Pre	12	50.0	4	36.4	11	57.9
Post	12	50.0	7	63.6	8	42.1
Postponed:						
Yes	10	41.7	4	36.4	6	31.6
No	14	58.3	7	63.6	13	68.4
HTN:						
Yes	3	12.5	6	54.5	0	0.0
No	21	87.5	5	45.5	19	100.0
Diabetic:						
Yes	4	16.7	6	54.5	0	0.0
No	20	83.3	5	45.5	19	100.0
IHD:						
Yes	2	8.3	4	36.4	0	0.0
No	22	91.7	7	63.6	19	100.0
COPD:						
Yes	1	4.2	3	27.3	0	0.0
No	23	95.8	8	72.7	19	100.0

Table (3): Procedures done for Covid 19 patients.

General surgery		Vascular surgery		Pediatric surgery	
Procedure	No. of patients	Procedure	No. of patients	Procedure	No. of patients
• Hernia	4	• Femoro pop by pass	2	• Inguinal hernia, hydrocel	7
• Cholecystectomy	6	• Ilio pop by pass	1	• Umbilical hernia	3
• Thyroidectomy	2	• Arterio venous fistula	2	• Hypospadias	3
• Appendectomy	3	• Primary repair of aneurysm	2	• Anoplasty	1
• (Exploration) perforated viscous and intestinal obstruction	3	• Endovascular surgery	2	• Hirschsprung disease	1
• Hydrocele	1	• Primary major limb amputation	1	• Appendectomy	2
• Back lipoma	1	• High tie and stripping	1	• Abdominal exploration	1
• Cancer head pancreas	1			• Excision of infantile haemangioma	1
• Nephrectomy	1				
• Anal	2				

Table (4): Grade of affection of patients from each department and outcomes.

	General		Vascular		Pediatric	
	Count	%	Count	%	Count	%
<i>Grade of affection by covid:</i>						
Ia	11	45.8	0	0.0	0	0.0
Ib	2	8.3	2	18.2	4	21.1
II	2	8.3	0	0.0	2	10.5
IIIa	1	4.2	2	18.2	6	31.6
IIIb	3	12.5	2	18.2	3	15.8
Iva	2	8.3	0	0.0	1	5.3
Ivb	2	8.3	2	18.2	1	5.3
V	1	4.2	3	27.3	2	10.5
<i>Complications related to surgery:</i>						
Yes	10	41.7	7	63.6	11	57.9
No	14	58.3	4	36.4	8	42.1
<i>Thromboembolic complications:</i>						
Yes	1	4.2	5	45.5	0	0.0
No	23	95.8	6	54.5	19	100.0
<i>Pulmonary complication:</i>						
Yes	6	21.2	5	20	3	10.7
No	23	95.8	11	100.0	19	100.0
<i>Death:</i>						
Yes	1	4.2	3	27.3	2	10.5
No	23	95.8	8	72.7	17	89.5
<i>ICU admission:</i>						
Yes	5	20.8	5	45.5	6	31.6
No	19	79.2	6	54.5	13	68.4
<i>Need for respiratory aid:</i>						
Yes	7	29.2	5	45.5	7	36.8
No	17	70.8	6	54.5	12	63.2
<i>ESRD:</i>						
Yes	0	0.0	2	18.2	0	0.0
No	24	100.0	9	81.8	19	100.0

Table (5): Complication rate in COVID in comparison to non-infected.

Complications related to surgery	COVID				P-value
	COVID		Non COVID		
	Count	%	Count	%	
Yes	28	51.9	64	8.8	<0.001
No	26	48.1	666	91.2	

Table (6): Mortality rate in COVID in comparison to non-infected.

	COVID				P-value	
	Death	COVID		Non COVID		
		Count	%	Count	%	
Yes		6	11.1	5	0.7	<0.001
No		48	88.9	725	99.3	

Table (7): Comparison between emergency and elective regarding complications and mortality in COVID patients.

	Emergency or elective				P-value	
	Emergency		Elective			
	Count	%	Count	%		
<i>Complications related to surgery:</i>						
Yes		13	86.7	15	38.5	0.001
No		2	13.3	24	61.5	
<i>Death:</i>						
Yes		4	26.7	2	5.1	0.044
No		11	73.3	37	94.9	

Table (8): Relation between HTN, diabetes, IHD and COPD to ICU admission in Covid infected patients.

	ICU admission				P-value
	Yes		No		
	Count	Row N%	Count	Row N%	
<i>HTN:</i>					
Yes	4	44.4	5	55.6	0.425
No	12	26.7	33	73.3	
<i>Diabetic:</i>					
Yes	5	50.0	5	50.0	0.141
No	11	25.0	33	75.0	
<i>IHD:</i>					
Yes	5	83.3	1	16.7	0.007
No	11	22.9	37	77.1	
<i>COPD:</i>					
Yes	0	0.0	4	100.0	0.306
No	16	32.0	34	68.0	

Table (9): Relation between HTN, diabetes, IHD and COPD to mortality in Covid infected patients.

	Death				P-value
	Yes		No		
	Count	Row N%	Count	Row N%	
HTN:					
Yes	3	33.3	6	66.7	0.051
No	3	6.7	42	93.3	
Diabetic:					
Yes	2	20.0	8	80.0	0.306
No	4	9.1	40	90.9	
IHD:					
Yes	3	50.0	3	50.0	0.014
No	3	6.3	45	93.8	
COPD:					
Yes	0	0.0	4	100.0	1
No	6	12.0	44	88.0	

Table (10): Surgical complications in Covid patients with congenital heart disease.

Congenital heart disease	Complications related to surgery				p-value
	Yes		No		
	Count	Row N %	Count	Row N %	
Diseased	2	66.7	1	33.3	1
Normal	9	56.3	7	43.8	

Table (11): ICU admission in covid patients with congenital heart disease.

Congenital heart disease	ICU admission				P-value
	Yes		No		
	Count	Row N %	Count	Row N %	
Diseased	1	33.3	2	66.7	1
Normal	5	31.3	11	68.8	

Table (12): Mortality in in covid patients with congenital heart disease.

Congenital heart disease	Death				P-value
	Yes		No		
	Count	Row N %	Count	Row N %	
Diseased	2	66.7	1	33.3	0.018
Normal	0	0.0	16	100.0	

Discussion

SARS-CoV-2 was first detected in Wuhan, China, in December 2019 and then spread world-wide, with the World Health Organization certified

it as a pandemic on March 11, 2020. Significant data are accumulating on COVID-19, the disease caused by it, from many different perspectives [7].

At the 18th of March 2020 the government of Egypt announced general closure in all governmental and private agencies for the fear of spread of corona virus among Egyptian people, there was also special policies for dealing with governmental health systems in all sides of the country as all elective cases were postponed and only emergency cases and cancer patients were admitted for surgery. In July was the regression of the 1st wave in Egypt occurred. So, newer regulations were decided to begin for scheduling the waiting listed patients with extreme precautions such as pre-operative covid 19 symptoms check list, CBC, and chest CT scan and exclusion of suspected cases except in emergency conditions suspected patients were operated upon in isolation buildings in the hospital for safety of the staff and other patients. We did rely more on CBC and CT chest in suspicion of Covid 19 infection as the nasal and throat swab PCR sensitivity had a percentage of false negatives, also because the result of swab takes from 24-48 hours our policy found CT changes and CBC may be a more fast and reliable way.

In this study, patients were treated by different subspecialties (Pediaetric, General, and Vascular Surgery) in a single hospital, Al-Zahraa University Hospital, Cairo, Egypt. 54 Covid 19 patients were identified and included in the study, which are 6.88% of all patients and; 24 patients in surgery (3.01%) 11 in vascular surgery (1.4%) and 19 patients in pediaetric surgery (2.4%). Only 15 (27.77%) patients were emergency cases. The 39 (72%) patients who were elective 20 (37%) were postponed and reoperated after passing the infection (Table 1).

The 54 surgical patients screened for SARS-CoV-2 infection during the study period were evaluated, positive findings from CT chest, CBC and CRP except 3 patients were diagnosed by PCR, the same information was reported by Borghashi et al. [8,9].

Our significant increase in mortality and ICU admission rate in Covid 19 patients was similar to (Kraft et al.) [10] who experienced mortality rate of 40% for those who was in urgent need of surgery from Covid patients, however both studies has small sample sizes.

(Challine et al. [11]) also had similar results as he found higher rate of post-operative complications in Covid 19 group with a significant increase in

complications even in a symptomatic patients, this study was conducted in a larger sample size 573 infected patients with Covid 19 p -value $<.001$ in mortality and $<.001$ in overall morbidity.

Commonly vascular affection required hospital admission and surgical therapy, especially in COVID patients. Previously reported worldwide experiences emphasised the link between SARS-CoV-2 infection and microvascular inflammation, distal vasculitis, and the prothrombotic state. These data seemed to be related to the inflammatory cytokine storm contributing to the pro-coagulative and proadhesive state of dysfunctional endothelium [3]. Moreover, abnormal coagulation parameters are usually associated with poor prognosis in COVID-19 patients [12].

In this study 8 types of elective operations and 3 of emergency operation in the Vascular Surgery Department that would be carried out during the COVID 19 pandemic: Limb salvage surgery (3 bypass and 2 endovascular approach), 2 primary repair of aneurysm, 1 major amputations and 2 salvage of arteriovenous fistula. Thrombotic complications were significantly associated with COVID-19 (Table 2). Recent articles have highlighted the possible prothrombotic state of patients with COVID-19 [13].

Tan et al., [14] described 6 types of elective operations that would be carried out during the COVID19 pandemic: Limb salvage surgery (bypass or endovascular approach), aortic aneurysm surgery, vascular oncology surgery, major and minor amputations, creation, and salvage of arteriovenous fistula.

In our study 16 patients (66.4%) had a post-operative complication <3 according to, and 8 patients (33.6%) had a post-operative 3, (Table). Complications related to surgery in Covid affected patients there were 28 (51.9%), 10 out of 24 in General Surgery (41.7%), 7 out of 11 in Vascular Surgery patients (63.6%) and 11 out of 19 in Pediatric Surgery (57%), significant increase in surgery related complications in Covid infected patients in comparison to non-infected patients p -value 0.001. No significant relationship between surgery related complications and the presence of associated chronic disease in Covid infected patients. Pulmonary complications were the most frequent, as reported by others [7,15].

Aminian et al., reported that 2 of 3 patients died as a consequence of post-operative fever and pulmonary complications after uneventful elective

surgery at the beginning of the COVID-19 outbreak in Iran [5].

A report published from Lombardy with 116 patients treated for several vascular pathologies demonstrated a mortality rate of 2.6%. Which is much less than our study that might be because of bad general condition of our patients [16] (De Angelis et al., 2021).

In paediatric patients the rate of complication related to surgery 57.9% in relation to non Covid cases also the rate of operative complication differ in emergency case which the rate of complication is higher. Also Pelizzo G., et al., [17] find the high pre-operative and post-operative complication high rate than in normal cases.

In our study postponing of elective case in pediatric patients was mandatory and preparation of cases to surgery improve post-operative outcome the same finding of study done by Hua Z., et al., [18].

Mortality rate among children associated with congenital heart disease in urgent cases is confirmed by Johance et al., [19] and his recommendation to decrease this ratio is good pre-operative assessment, evaluation of infection grading then intubation and extubation of patient must be in isolated environment to decrease the rate of re infection. And also recommended post-operative ICU admission to evaluate progression of cases.

Rahul, et al., [20] dealing with Covid 19 pandemic infection by postponing all elective cases and dealing only with emergency cases and neonatal congenital anomalies with highly pre-operative preparation and caring for all cases needed surgical intervention to decrease morbidity and mortality rates.

Conclusion:

There is significant effect for Covid 19 pandemic on the outcome of surgical work in surgery related complications, ICU admission and even mortality rate more in emergency cases, cases with ischemic heart disease and congenital heart disease however, no direct relation in our study between bad surgical outcomes and presence of other chronic diseases.

Study limitations: Our study was limited by relatively small sample size, lack of availability of PCR for nasal swab of Covid 19.

Conflict of interest: No conflict of interest.

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تأثير عدوى كورونا على النتائج الجراحية (خبرة من مركز فردي)

في كانون الأول (ديسمبر) ٢٠١٩، ظهرت سلالة جديدة من فيروس كورونا سارس، سُمي في البداية فيروس كورونا ٢٠١٩ - والذي ظهر في صورة متلازمة الإلتهاب التنفسي الحاد الوخيم (SARS-CoV-2)، في ووهان بعد أسابيع قليلة، تم تسجيل إنتشار الفيروس في جميع أنحاء العالم وتم الإعلان عنه بإعتباره عدوى وبائية، مع ٢١٢٩٤٨٤٥ حالة مؤكدة و٧٦١٧٧٩ حالة وفاة حتى الآن تم تسجيل الحالة الأولى في مصر في ١٤ فبراير ٢٠٢٠، وبلغ العدد الإجمالي للحالات المؤكدة في مصر ١٦٨٩٠٠ و٩٥٦٠ حالة وفاة حتى نهاية يناير ٢٠٢١، خلال الجائحة أو قفت جميع المستشفيات الحكومية والجامعية الخدمة الإختيارية العمليات الجراحية مع وجود قيود على بعض المستشفيات لإجراءات الطوارئ. وعند ما تراجعت الموجة الأولى، كانت الحاجة إلى إستعادة النشاط قوية، وبما أن الإجراءات الجراحية قد تعرض الأطباء لمخاطر عالية بشكل خاص عند رعاية المرضى المصابين فقد تطلب ذلك ترتيبات وإستعدادات معينة للخوف زيادة إنتشار العدوى إلى المرضى والطواقم الطبي. أيضاً، من المهم جداً معرفة كيفية تأثير الإصابة بالفيروس على نتائج الجراحة وكيف أثرت الجراحة على الأشخاص المصابين. قد يؤدي الإجهاد الجراحي إلى إضعاف المناعة الخلوية لتقليل مقاومة الفيروسات. قد تؤدي الإصابة بالفيروس - إلى تعقيد مسار ما بعد الجراحة لزيادة مدة البقاء بالمستشفى، وتأخير إلتام الجروح، وزيادة معدلات الإصابة بالأمراض وحتى وفيات المرضى الذين خضعوا لعمليات جراحية.

وقد خلصت الدراسة إلى أن هناك تأثير كبير لوباء كوفيد ١٩ على نتائج العمل الجراحي في المضاعفات المتعلقة بالجراحة، والقبول في وحدة العناية المركزة وحتى معدل الوفيات أكثر في حالات الطوارئ، وحالات أمراض القلب الإقفارية وأمراض القلب الخلقية.