

The Predictive Value of Combining Leash Sign and Serum Progesterone in Diagnosis of Undisturbed Ectopic Pregnancy

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Abstract

Background: Ectopic Pregnancy is a dangerous complication of early gestation. In low-income nations it is considered one of the chief causes of maternal mortality. The majority of mortalities occur briefly after hospital admission making ectopic pregnancy a prominent public health issue.

Patients and Methods: The current research study was a prospective observational in fashion conducted in the fetal Medicine Department at Ain Shams University Maternity Hospital and involved 100 cases consecutively admitted with clinical symptoms and signs indicative of an ectopic pregnancy.

Results: Cases with Leash sign had statistically significant lower progesterone level and more frequent ectopic pregnancy. (p -values <0.001). Ectopic pregnancy cases had statistically significant lower progesterone serum level and more frequent leash sign. (p -values <0.001). There was statistical significant high agreement level between existence of Leash sign and ectopic pregnancy diagnosis. (p -value <0.001 , 95% CI=0.9451 eash sign, true negative=75.0%, false negative=0.0%, true positive =23.0%, false positive=2%.

Conclusion: Leash sign is a highly sensitive sonographic sign that could be implemented on widespread practice however other sonographic markers should be respected in integration with bio markers since there is no single sign or marker that could be applicable in all case scenarios.

Key Words: Serum progesterone – Undisturbed ectopic pregnancy.

Introduction

ECTOPIC pregnancies are gestations abnormally located outside the normal intrauterine location, leading to considerable maternal morbidity and mortality. It is a cornerstone issue and a crucial task of the clinician to ascertain that the gestation is normally located within the uterus and viable.

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When required tools and an experienced Sonographer are available in a low-income regions of service pelvic sonography could aid by early detectability of free abdominal fluid of a leaking ectopic pregnancy. On the other hand, of an intra-uterine pregnancy detection clinical presence of ectopic pregnancy unlikely. Sonography is correlated with earlier clinical diagnosis in various research studies in tertiary centres in low income communities [1-5].

Leash sonographic sign is an eccentric leash of vessels having low resistance flow on spectral Doppler suggestive of trophoblastic tissue. This sign have a sensitivity of 100%, a specificity of 99%, a PPV of 95% and an NPV of 100% [6-10].

This sign mostly depends on the abnormal implantation and tubal trophoblast invasion causing marked blood flow changes in the adjacent supplying vessels. The sign have 3 constituents: (1) Gray-scale identification of an adnexal abnormality (e.g, a swollen tube or a ring-like structure suggestive of an EP); (2) A linear artery supplying the tube at one point; (3) A low-resistance placental type of flow on spectral Doppler interrogation of the above artery. With fulfillment of the above criteria, a sensitivity of 100% and a specificity of 98% have been reported in the diagnosis of an early EP in a limited number of cases [11-15].

However, an overlap was shown to be present in an ovary with a mature cystic teratoma, therefore, this sign still needs to be verified both with larger series and various ovarian pathologies. Color Doppler is most helpful when an EP is not seen, but highly suspected. At that time, Doppler imaging can be used to find a mass representing an ectopic pregnancy [16-20].

Maternal progesterone is initially secreted by corpus luteum then by the placental tissue, and Causes normal physiologic development of the endometrial lining, uterine development and growth, sufficient uterine blood supply, and uterine preparation for the process of labor [21-25].

Progesterone serum levels are revealed to be decreased in both ectopic gestations and other abnormally developing intrauterine pregnancies, in comparison to viable intra uterine pregnancies. Considerable number of research studies have been conducted for the usage of progesterone both as a single biomarker and in multiple marker integrated for usage in diagnosis of ectopic pregnancy [26-30].

A recent research meta-analysis revealed that at a cut-off values from 3.2 to 6ng/mL, serum progesterone level has a predictability value in non-viable pregnancy with a statistically obtained sensitivity of 74.6% and a statistically obtained specificity of 98.4%, however it was not capable to discriminate adequately ectopic pregnancy from other abnormal forms of intra uterine pregnancies. Cases with pregnancies of unknown locations with progesterone ≤ 1 nmol/L at presentation are at low risk of needing medical intervention and might not benefit from attending routine clinical follow-up visits [31-35].

Aim:

To assess predictability and diagnostic efficacy of sonographic leash sign in ectopic pregnancy alone and in conjunction with serum progesterone.

Patients and Methods

The current research study was a prospective observational in fashion conducted in the fetal Medicine Department at Ain Shams University Maternity Hospital from 2014-2018 and involved 100 cases consecutively admitted with clinical symptoms and signs indicative of an ectopic pregnancy (Pelvic pain, bleeding per vagina and/or amenorrhea) during, the cases age ranged from 18-42 years and the period of amenorrhea had a range from 4-10 weeks. Exclusive research criteria for ectopic pregnancy were as follows: Existence laboratory or sonographic evidence of intrauterine pregnancy, low resistance intrauterine flow on doppler suggestive of a recent gestational loss, non-visualization of an ectopic pregnancy within the adnexal anatomical zone, retained products of conception. Exclusive research criteria for the current study have been as follows; a negative pregnancy test, a positive. HCG serum level under

the pregnancy level, and/or no amenorrhea, clinically and Vitaly haemodynamically unstable cases.

All study subjects have been subjected to the following: Full clinical history taking and clinical examination with meticulous care have been conducted to those cases having clinical signs of a ruptured ectopic pregnancy that were haemodynamically compromised in order to have immediate surgical intervention without delay and a sonographic examination. Blood sample collection was performed for (beta HCG and serum progesterone levels with simultaneous sonographic examination was conducted in order to save time. Initial trans abdominal and transvaginal real time sonographic examination have been conducted for every case via conventional B-mode, tissue harmonic imaging, color Doppler and power Doppler scanning by usage of LOGIQ 5 (G.E. Medical Systems, Seoul, Korea) machine with 5 MHZ trans abdominal and 6.5 MHZ transvaginal probes for any sonographic signs of ectopic pregnancy: Blood sign: An inhomogenous mass adjacent to the ovary and moving separately from it, Bagel sign: A mass with a hyper-echoic ring around the gestational sac, a gestational sac with a fetal pole with or without cardiac activity. Color Doppler assessment for the adnexae and the artery supplying any observed masses. At the time of sonographic examination the (beta HCG serum values were obtained. The sonographic diagnosis was then correlated with the beta HCG indices.

Statistical analysis:

The collected research data were coded, tabulated, and statistically analyzed using SPSS program (Statistical Package for Social Sciences) software version 17.0. Descriptive statistics were conducted for numerical parametric research data as mean \pm SD (standard deviation) and minimum & maximum of the range and for numerical non parametric data as median and 1st & 3rd interquartile range, while they were done for categorical research data as number and percentage. Inferential analyses were conducted for quantitative research variables by usage of the independent *t*-test in cases of two independent groups with parametric research data and Mann Whitney U in cases of two independent groups with non research parametric data. Inferential statistical analyses have been performed for qualitative research data using Chi square test for independent research groups. The level of significance was taken at *p*-value < 0.050 is significant, otherwise is non significant. The *p*-value is a statistical measure for the probability that the results observed in a study could have occurred by chance.

Ethical approval:

The research study was conducted after approval from the Ethical Committee of the Department of Obstetrics and Gynecology, Faculty of Medicine, Al-Azhar University. Written consent was conducted from all study subjects before recruitment in the study after explanation of the purpose and procedures of the study.

Results

Table (1): Demographic characteristics of the studied cases.

	Mean ± SD	Range
Age (years)	28.3±5.0	18.0-39.0
BMI (kg/m ²)	25.5±1.4	22.8-28.7
Parity	1.4±1.2	0.0-4.0
Amenorrhea period (weeks)	7.0±1.2	4.0-10.0

Total = 100

Table (1) shows demographic characteristics of the studied cases mean ± SD age (years), BMI (Kg/m²), parity, amenorrhea period (weeks) = 28.3±5.0, 25.5±1.4, 1.4±1.2, 7.0±1.2 consecutively.

Table (2): Sonographic findings and laboratory investigations of the studied cases.

	Mean ± SD	Range
Progesterone (ng/mL)	19.5±11.6	1.6-47.3
	N	%
Leash sign:		
Present	25	25.0
Absent	75	75.0

Total = 100

Table (2) and Fig. (1) show that: Serum Progesterone mean ± SD=19.5±11.6 Leash sign was in 25% of the studied cases. Ectopic pregnancy was in 23% of the studied cases.

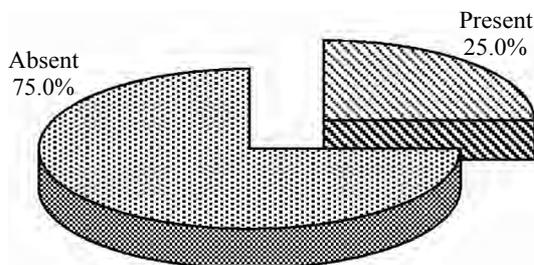


Fig. (1): Leash sign among the studied cases.

Table (3): Ectopic pregnancy among the studied cases.

	Mean ± SD	Range
Ectopic	23	23.0
Not ectopic	77	77.0

Total = 100

Table (3) and Fig. (2) show that: Ectopic pregnancy was in less than quarter if the studied cases (23% of cases).

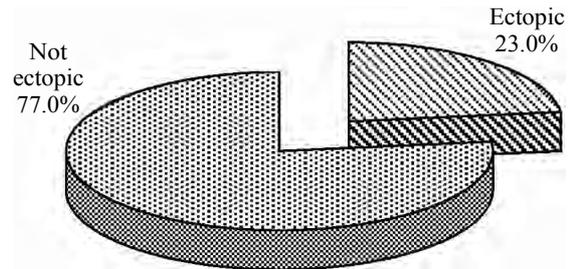


Fig. (2): Ectopic pregnancy among the studied cases.

Table (4): Comparison according to Leash sign.

Variables	Present (N=25)	Absent (N=75)	<i>p</i>
Age (years)	27.3±4.8	28.6±5.0	^0.257
BMI (kg/m ²)	25.7±1.5	25.5±1.3	^0.559
Parity	1.2±1.2	1.5±1.3	^0.355
Amenorrhea period (weeks)	6.9±1.3	7.1±1.1	^0.471
Progesterone (ng/mL)	7.8±8.9	23.4±9.6	^<0.001 *
Ectopic:			
Ectopic	23 (92.0%)	0 (0.0%)	#<0.001 *
Not ectopic	2 (8.0%)	75 (100.0%)	

^Independent *t*-test. #Chi square test. *Significant.

Table (4) and Figs. (3,4) show that: Cases with Leash sign had statistically significant lower progesterone level and more frequent ectopic pregnancy. (*p*-values <0.001). Ectopic pregnancy cases had statistically significant lower progesterone serum level and more frequent leash sign. (*p*-values <0.001). Mean serum progesterone in ectopic versus not ectopic (7.1 ±8.9 vs. 23.2±9.6). Leash sign 100.0% of cases of ectopic pregnancy only 2.6% of non ectopic cases.

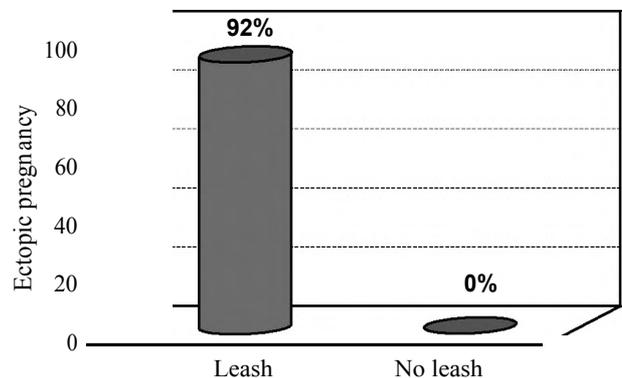


Fig. (3): Comparison according to Leash sign regarding ectopic pregnancy.

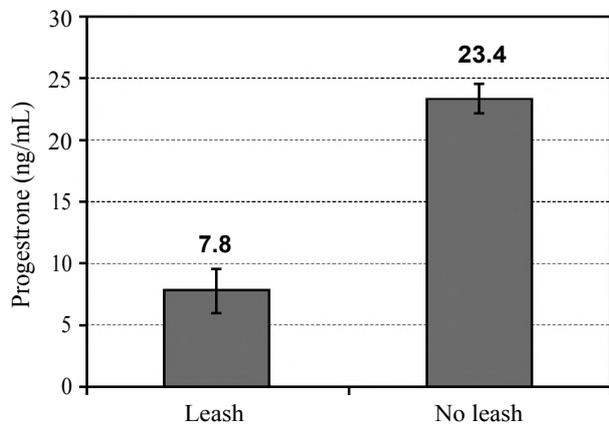


Fig. (4): Comparison according to Leash sign regarding serum progesterone.

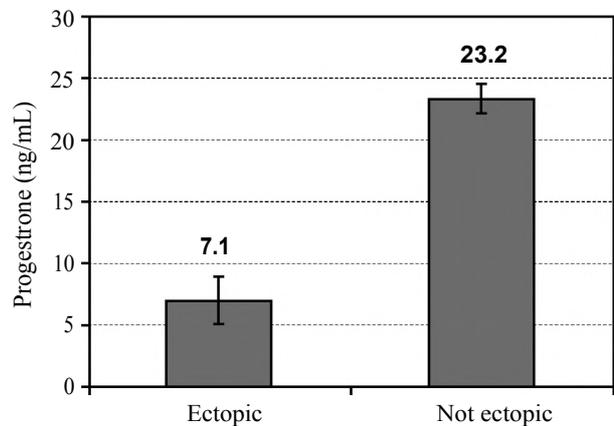


Fig. (6): Comparison according to ectopic pregnancy regarding progesterone.

Table (5): Comparison according to Ectopic pregnancy.

Variables	Ectopic (N=23)	Not ectopic (N=77)	<i>p</i>
Age (years)	27.0±4.9	28.6±5.0	^0.167
BMI (kg/m ²)	25.6±1.5	25.5±1.3	^0.721
Parity	1.3±1.2	1.5±1.3	^0.433
Amennorrhea period (weeks)	7.0±1.3	7.1±1.2	^0.738
Progesterone (ng/mL)	7.1±8.9	23.2±9.6	^<0.001 *
Ectopic:			
Present	23 (100.0%)	2 (2.6%)	#<0.001*
Absent	0 (0.0%)	75 (97.4%)	

^Independent *t*-test. #Chi square test. *Significant.

Table (5) and Fig. (5) show that: Ectopic pregnancy cases had significant lower progesterone and more frequent leash sign.

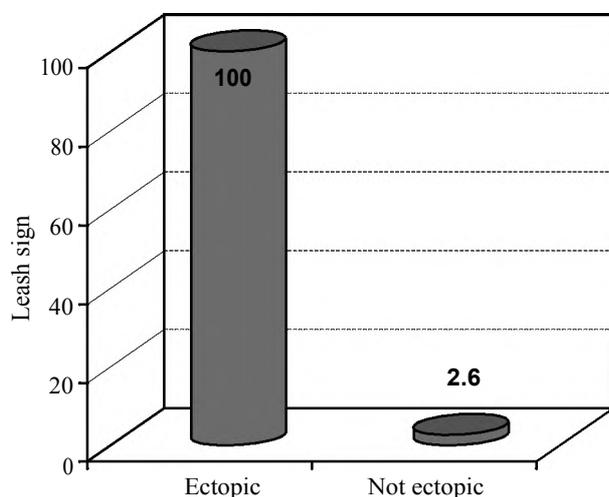


Fig. (5): Comparison according to ectopic pregnancy regarding leash sign.

Table (6): Agreement between Leash sign and ectopic pregnancy diagnosis.

Leash	Ectopic		Total
	Present	Absent	
Present	23 (23.0%) ^{TP}	2 (2.0%) ^{FP}	25 (25.0%)
Absent	0 (0.0%) ^{FN}	75 (75.0%) ^{TN}	75 (75.0%)
Total	23 (23.0%)	77 (77.0%)	77 (100.0%)
Kappa (95% CI)	0.945		<i>p</i> <0.001 *

Percentages are from the total (100).
 TP: True positive. FP: False positive.
 TN: True negative. FN: False negative.

There was statistical significant high agreement level between existence of Leash sign and ectopic pregnancy diagnosis. (*p*-value <0.001, 95% CI= 0.945 leash sign, true negative=75.0%, false negative=0.0%, true positive=23.0%, false positive=2%).

Table (7): Diagnostic performance of serum progesterone in the diagnosis of ectopic pregnancy.

Factors	AUC	SE	<i>p</i>	95% CI	Cut off
Progesterone	0.888	0.051	<0.001 *	0.787-0.989	-

AUC: Area under curve. CI: Confidence interval.
 SE: Standard error. *: Significant.

Table (7) and Fig. (7): Serum progesterone level had statistically significant moderate diagnostic performance in the diagnosis of ectopic pregnancy. In which Area under curve=0.888, Standard error=0.051, 95% Confidence interval =0.787-0.989, *p*-value <0.001.

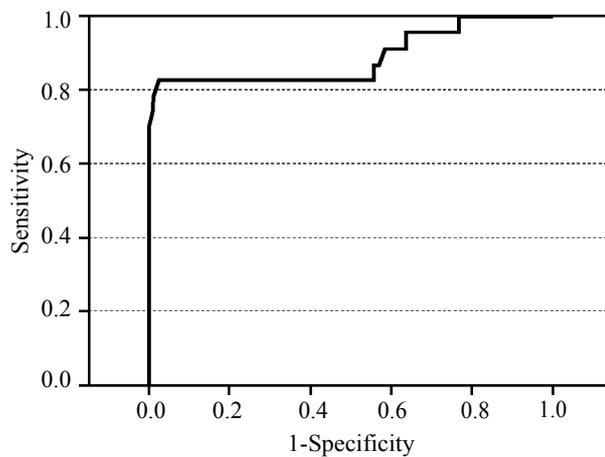


Fig. (7): ROC curve for serum progesterone in the diagnosis of ectopic pregnancy.

Table (8): Diagnostic characteristics of optimum serum progesterone cutoff points and Leash sign in the diagnosis of ectopic pregnancy.

Characters	Value	95% CI	Value	95% CI
	Leash sign		Progesterone <4.8ng/mL	
Sensitivity	100.0%	85.2%-100.0%	82.6%	61.2%-95.0%
Specificity	97.4%	90.9%-99.7%	97.4%	90.9%-99.7%
DA	98.0%	93.0%-99.8%	94.0%	87.4%-97.8%
Youden's index	97.4%	93.8%-101.0%	80.0%	64.1 %-95.9%
PPV	92.0%	74.0%-99.0%	90.5%	69.6%-98.8%
NPV	100.0%	95.2%-100.0%	94.9%	87.5%-98.6%
LR+	38.50	9.80-151.18	31.80	8.00-126.49
LR-	0.00	0.00-0.00	0.18	0.07-0.44
LR	>100.0	>100.0->100.0	178.13	30.33-1046.22
Kappa	0.945	0.870-1.020	0.825	0.691-0.960
	Leash sign then Progesterone<4.8ng/mL			
Sensitivity	82.6%	61.2%-95.0%		
Specificity	100.0%	95.3-100.0%		
DA	96.0%	90.1%-98.9%		
Youden's index	82.6%	67.1 %-98.1 %		
PPV	100.0%	82.4%-100.0%		
NPV	95.1%	87.8%-98.6%		
LR+	>100.0	>100.0->100.0		
LR-	0.17	0.07-0.42		
LR	>100.0	>100.0->100.0		
Kappa	0.880	0.765-0.994		

CI : Confidence interval.

YI : Youden's index.

DA : Diagnostic accuracy.

PPV: Positive Predictive value.

NPV: Negative Predictive value.

LR+: Positive likelihood ratio.

LR-: Negative likelihood ratio.

LR : Diagnostic odd ratio

Leash sign had better characteristics than progesterone <4.8ng/mL, if both added perfect sensitivity decreased while the specificity became perfect. In which leash sign alone sensitivity=100%,

specificity=97.4%, while progesterone alone at a cut off value <4.8ng/mL had a sensitivity=82.6%, specificity=97.4%. On the other hand if both were added, sensitivity=82.6%, specificity=100.0%.

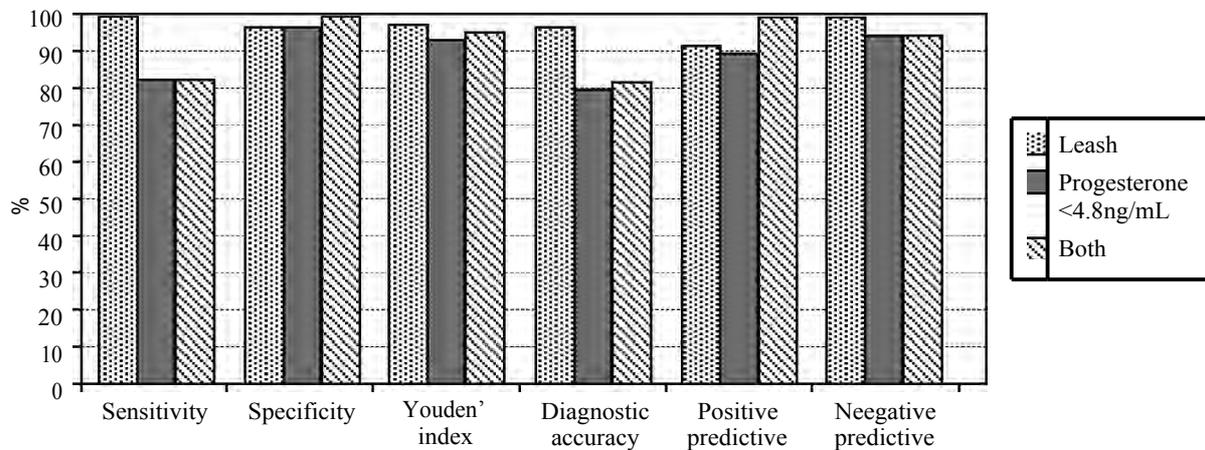


Fig. (8): Diagnostic characteristics of optimum serum progesterone cutoff points and Leash sign in the diagnosis of ectopic pregnancy.

Discussion

Ectopic Pregnancy is a dangerous complication of early gestation. In low-income nations it is considered one of the chief causes of maternal mortality, however the precise incidence rates are unidentified, due to common clinical misdiagnosis. In high-income nations early clinical diagnosis could usually be performed by usage of sonography and human chorionic gonadotropin serum level. In low income nations, reaching the proper clinical diagnosis is more complex, and delay in clinical diagnosis could exist before and after physician consultation. Leash sign is an eccentric leash of vessels having low resistance flow on spectral Doppler suggestive of trophoblastic tissue [36-42].

The current research study was a prospective observational in manner conducted in the fetal Medicine Department at Ain Shams University Maternity Hospital and involved 100 cases consecutively admitted with clinical symptoms and signs indicative of an ectopic pregnancy (Pelvic pain, bleeding per vagina and/or amenorrhea) during, the cases age ranged from 18-42 years and the period of amenorrhea had a range from 4-10 weeks.

The current research results revealed and displayed the following, in which demographic characteristics of the studied cases mean \pm SD age (years), BMI (Kg/m^2), parity, amenorrhea period (weeks)= 28.3 ± 5.0 , 25.5 ± 1.4 , 1.4 ± 1.2 , 7.0 ± 1.2 consecutively. As regards: Investigations of the studied cases, Serum Progesterone mean \pm SD= 19.5 ± 11.6 Leash sign was in 25% of the studied cases. Ectopic pregnancy was in 23% of the studied cases.

Cases with Leash sign had statistically significant lower progesterone level and more frequent

ectopic pregnancy. (p -values <0.001). Ectopic pregnancy cases had statistically significant lower progesterone serum level and more frequent leash sign. (p -values <0.001). Mean serum progesterone in ectopic versus not ectopic (7.1 ± 8.9 vs 23.2 ± 9.6). Leash sign 100.0% of cases of ectopic pregnancy only 2.6% of non ectopic cases. There was statistical significant high agreement level between existence of Leash sign and ectopic pregnancy diagnosis. (p -value <0.001 , 95% CI=0.945 leash sign, true negative=75.0%, false negative=0.0%, true positive=23.0%, false positive=2%.

Serum progesterone level had statistically significant moderate diagnostic performance in the diagnosis of ectopic pregnancy. In which Area under curve=0.888, Standard error=0.051, 95% Confidence interval=0.787-0.989, p -value <0.001 .

Leash sign had better characteristics than progesterone $\leq 4.8\text{ng}/\text{mL}$, if both added perfect sensitivity decreased while the specificity became perfect. In which leash sign alone sensitivity=100%, specificity=97.4%, while progesterone alone at a cut off value $\leq 4.8\text{ng}/\text{mL}$ had a sensitivity=82.6%, specificity=97.4%. On the other hand if both were added, sensitivity=82.6%, specificity=100.0%.

A similar research study to assess the efficiency of transvaginal Doppler sonography for the diagnosis of ectopic pregnancy. Conducted over 3 years, on 100 cases with signs indicative of a likely ectopic pregnancy were assessed with transvaginal sonography and Doppler examination. Fallopian tubes were evaluated for the existence of low-resistance arterial flow. The research team obtained the following results in which of the 100 cases, 19 patients had ectopic pregnancies. That was similar to the current research study results. It was revealed that all Patients of ectopic gestations had a charac-

teristic eccentric leash of vessels on color Doppler examination that Revealed and displayed a low resistance placental type of flow on spectral Doppler. The research team concluded that a new reliable sign of ectopic pregnancy named the leash sign, had a sensitivity of 100% and specificity of 99%, a positive predictive value of 95% and negative predictive value of 100%, thus aiding in the diagnosis of early ectopic pregnancy, and resulting in earlier management intervention with decreased morbidity and mortality the current research have shown similar results although serum progesterone was used that was not implemented by [1,2,10].

Another research study was conducted previously on the basis that sonographic diagnosis of ectopic gestation have been made easy particularly by the usage of Doppler sonography. In which the previous research studies revealed that existence of peri-trophoblastic blood flow by Doppler sonography and the observation of a low-resistance, high-velocity flow pattern were proven as specific sonographic sign for trophoblastic tissue. The research team conducted a study with the aim to assess the efficiency of Doppler sonographic examination in the predictability of management success in tubal gestations being administered with single dosage of conservative methotrexate. The research team recruited a cohort of 104 cases with non-ruptured ectopic gestation that were hemodynamically stable and candidates for methotrexate management. The spectral wave form of the mass was categorised according to the vascularization density by Power Doppler sonography and that form of classification wasn't used in the current research study . It was categorised as Grade 1, 2 and 3, consecutively. All cases received a single 50mg/m² dosage of systemic methotrexate. Serum β HCG levels were assayed on the 4th and 7th days of tmanagement. The management was considered unsuccessful in cases without a reduction of 15% or more in the serum levels of beta HCG between days 0 and 7 of starting treatment. The following results were obtained in which Twenty-four cases with grade I vascularity, 11 cases with grade II vascularity and 13 cases with grade III vascularity were referred as Group I, II and III, consecutively, in accordance to the degree of adnexal vascularity evaluated by Doppler sonography. On the whole success rate of methotrexate management was revealed to be 72.9%. The rates of management clinical response to systemic methotrexate administration in cases with Grade I, II and III ectopic gestational mass vascularization were revealed to be 58.3%, 81.8% and 92.3%, consecutively. Comparative analysis of the research groups' management responses shown that a linear-

by-linear correlation with the Chi-square test. That there is raised vascularization grade of ectopic pregnancy was correlated with a higher likelihood of response to methotrexate management treatment. The research team have come to the conclusion that observing and assessing the vascularization grade with Doppler sonography could be considered a remarkable tool in predictability of management success considering its ease of usage and low cost [15,17,20].

Another research study previously conducted to identify the preoperative sonographic parameters and indices for evaluation of the size of tubal ectopic gestation that link best with findings at surgical intervention. The research study was conducted in a prospective manner of all for all cases attending the center were the research was conducted who had a conclusive transvaginal sonographic diagnosis of tubal ectopic gestation over a 10-month time period. In each patient, the total size of the ectopic Gestation was measured by locating the calipers on the outer edges of the visible trophoblastic tissue. In ectopic gestations presenting with a well-defined gestational sac, the size of the chorionic cavity was in addition evaluated by usage of the inner borders of the trophoblastic ring as reference points. In cases having signs of intra-abdominal bleeding, the parameters of the hematosalpinx and/or hemoperitoneum was taken for evaluation. Surgeons were blinded to the sonographic measurements and have been asked to estimate the dimensions of the ectopic gestation and the volume of hemoperitoneum during the operation. The research team of investigators recruited a cohort of 105 study subjects diagnosed having a tubal ectopic gestation on sonographic examination, in which 71 cases (67.6%) were managed by surgical intervention. A statistically significant (p -value <0.01) positive correlation have been revealed between all sonographic parameters and the size of the tubal ectopic gestation as recorded during surgical intervention. In the nonexistence of hematosalpinx, the mean entire outer diameter of the ectopic gestation had the greatest positive correlation with the tubal ectopic pregnancy size at surgical intervention (p -value <0.001) [25,32,41].

In clinical scenarios complicated by hematosalpinx, the mean diameter of the fallopian tube was the only research variable that was interrelated statistically significantly with the Calculated size of the ectopic gestation at surgical intervention (p -value <0.001). There was a stistically significant positive correlation between the amount of hemoperitoneum on sonography and the estimated

volume of intraperitoneal blood at surgical intervention (p -value <0.001). The research team of investigators the mean parameters of a hematosalpinx and the total outer mean diameter of an ectopic gestation on sonographic assessment showed better statistical correlation better with the surgical findings than does the size of the chorionic cavity. The research results and findings reveal that the standard protocol of assessing the size of an intrauterine gestation on sonographic evaluation should be adjusted to involve these additional parameters in cases diagnosed clinically having tubal ectopic gestation [4,9,18,42].

Another research study similar to the current research study in the aspect of investigating serum progesterone in which the research team of investigators assessed the efficiency of a progesterone-based algorithm for the management of cases having pregnancies of unknown location and investigate in addition the feasibility of developing a single-visit management strategy in clinical scenarios having a low risk of medical interventional management requirement. The investigators conducted their research by the following research methodology in which all clinically stable cases in were pregnancy could not be observed on sonographic scan have been managed by a pre-designed protocol based on assay of serum progesterone level and beta-human chorionic gonadotropin hormone. Management intervention in the form of surgery or medical treatment by usage of methotrexate was administered to all cases having constant or clinical symptoms and non-decreasing serum level of beta-hCG. Decision-tree statistical analysis have been implemented to innovate a management protocol of cases with resolving gestations having a low risk of medical interventional requirement. The research team of investigators recruited 1110 cases in which they were integrated in the statistical data analysis: The following results were obtained in which normal intrauterine gestation was clinically diagnosed in 248 cases (22.3%; 95% CI, 19.9-24.8). 761 (68.6%; 95% CI, 65.8-71.3) abnormal gestations resolved spontaneously on expectant management, whereas the remaining 101 cases (9.1%; 95% CI, 7.4-10.8) having abnormal gestations required some form of medical interventional management. Intervention rates in cases clinically presenting with preliminary serum progesterone concentrations of ≤ 20 nmol/L and ≤ 1 nmol/L, were 3.9% (95% CI, 2.4-5.4) and 2.1% (95% CI, 0.9-3.3), consecutively. In cases clinically presenting with Serum progesterone ≤ 10 nmol/L and beta -hCG <450 IU/L, the rate of intervention was 1.3% (95% CI, 0.2-2.5). The research team came to the conclusion that cases

with pregnancy of unknown locations with serum progesterone ≤ 1 nmol/L at clinical presentation are at low risk level of needing medical intervention and might not gain from attendance of regular follow-up clinical visits [2,12,27,38].

Conclusions:

Leash sign is a highly sensitive sonographic sign that could be implemented on widespread practice however other sonographic markers should be respected in integration with bio markers since there is no single sign or marker that could be applicable in all case scenarios.

Recommendations:

The future research studies should be conducted in a multicentric fashion with larger study populations integrating leash sign as a sonographic marker with other biomarkers for ectopic pregnancy. That could aid in a medical algorithm performance that could aid in efficient diagnosis and management of ectopic pregnancy Future research efforts additionally should consider racial and ethnic differences that could affect the representation symptoms of the disease.

Molecular and genetic markers (e.g HOXA10 gene expression that shows at the site of ectopic implantation as compared with the endometrium and with the normal fallopian tube) should be investigated much more extensively in future research with integration of sonographic markers with statistical comparative analysis to help in future medical guideline innovation for more diagnostic power in the detection of early developing ectopic pregnancy.

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دور البروجيسترون المصلى وعلامة الشرنقه بالسونار في التنبؤ بوجود حمل خارج الرحم غير منفجر

الام أسفل البطن والنزف المهبل في أول الحمل من المشاكل الصحية الشائعة، تكمن الخطورة في اشتباه حدوث حمل خارج الرحم. عدم معرفة مكان كيس الحمل الباديء في النشء هو من الظواهر الاكلينيكية المقلقة التي تستوجب الفحص الدقيق والكشف في الميعاد المناسب بالسونار المهبل لمعرفة مكان تكون الحمل في المراحل المبكرة.

الحمل خارج الرحم هو من الأمراض التي تهدد حياة المريضة اذا لم يتم اكتشافه مبكراً ان أنه قد يؤدي إلى حدوث نزيف داخلي قد يكون شديد مشكلاً تجمع دموي ضخم قد يؤدي بحياة المريضة اذا لم يتم علاجه بشكل سريع ودقيق مع توافر الامكانيات لعمل نقل دم اذا لستدعى الامر.

وجود علامة الشرنقة في السونار باستخدام الدوبلر هو علامة تدل على وجود كيس الحمل مبكراً عن طريق إظهار سريان الدم حول كيس الحمل الناشئة هذه الظاهرة من العلامات التي تؤكد وجود حمل خارج الرحم ومنى الممكن الاعتماد عليها في القرار الاكلينيكي.

هذه الدراسة تضمنت ١٠٠ حالة من السيدات التي يشتبه فيهم وجود حمل خارج الرحم من المترددات على وحدة الموجات الصوتية في جامعة عين شمس. بالتحليل الاحصائي للبيانات الاكلينيكية والنتائج المعملية التي تضمنت هرمون البروجيسترون ووجود علامة الشرنقة بالسونار تبين الكفاءة الاحصائية العالية لعلامة الشرنقة وحدها أكثر من هرمون البروجيسترون.

من الاستنتاجات المأخوذة من البحث ان علامة الشرنقة هي من العلامات الهامة والموثوق فيها للتنبؤ بالحمل خارج الرحم وتساعد على التدخل بالعلاج مبكراً بشكل آمن سواء بعلاج دوائى أو جراحى.

يوصى في الابحاث المستقبلية اضافة علامات بيولوجية أخرى مع السونار كمعرفة المواد البيولوجية التي تنتج بشكل خارج عن المستوى الطبيعى في حالات الحمل خارج الرحم، وذلك للمساعدة على تحسين القدرة التشخيصية والعلاجية للمرض. كما يوصى أيضاً بادخال اعداد أكبر من الحالات في مراكز متعددة مع مراعاة الفوارق التي قد تظهر نتيجة الفروق العرقية وذلك لاستكشاف مؤشرات سونارسه وبيولوجية تساعد على التشخيص المبكر للحمل خارج الرحم ويجب الوضع في الاعتبار الاختلافات العرقية التي قد تؤثر على شكل ظهور الاعراض بالسونار والتحليل المعملية.